

RECEIVE THE LORD'S SUPPER



The following is an outline that is helpful for teaching the command of Jesus to receive the Lord's supper.

PART ONE Looking back



PRAYER



Begin the time in prayer together.

ACCOUNTABILITY



Ask questions about commitments that were made.
For example, ask:

- Did you share the gospel or the story from last time with anyone?
- Did you take steps to intentionally love others?
- Did you read or listen to the Bible daily?
- How did you obey what God taught you?
- Do you have any prayer requests or stories you would like to share?

PART TWO
Looking up



STUDY



Teach about the command of Jesus to receive the Lord's Supper by studying the Bible together. First read a time when Jesus gave the command and discuss a true story which illustrates what obeying the command can be like.

Matthew 26:26-29:

Now as they were eating, Jesus took bread, and after blessing it broke it and gave it to the disciples, and said, "Take, eat; this is my body." And he took a cup, and when he had given thanks he gave it to them, saying, "Drink of it, all of you, for this is my blood of the covenant, which is poured out for many for the forgiveness of sins. I tell you I will not drink again of this fruit of the vine until that day when I drink it new with you in my Father's kingdom."

Shortly before his crucifixion, Jesus shares a Passover meal with his disciples. During the meal, Jesus told

his disciples to eat bread, his body. Then he told his disciples to drink the fruit of the vine, his blood of the covenant.

Luke 22:7-20:

Then came the day of Unleavened Bread, on which the Passover lamb had to be sacrificed. So Jesus sent Peter and John, saying, "Go and prepare the Passover for us, that we may eat it." They said to him, "Where will you have us prepare it?" He said to them, "Behold, when you have entered the city, a man carrying a jar of water will meet you. Follow him into the house that he enters and tell the master of the house, 'The Teacher says to you, Where is the guest room, where I may eat the Passover with my disciples?' And he will show you a large upper room furnished; prepare it there." And they went and found it just as he had told them, and they prepared the Passover.

And when the hour came, he reclined at table, and the apostles with him. And he said to them, "I have earnestly desired to eat this Passover with you before I suffer. For I tell you I will not eat it until it is fulfilled in the kingdom of God." And he took a cup, and when

he had given thanks he said, "Take this, and divide it among yourselves. For I tell you that from now on I will not drink of the fruit of the vine until the kingdom of God comes." And he took bread, and when he had given thanks, he broke it and gave it to them, saying, "This is my body, which is given for you. Do this in remembrance of me." And likewise the cup after they had eaten, saying, "This cup that is poured out for you is the new covenant in my blood."

After reading the story, review the story in one of these ways:

- Tell the story from memory.
- Talk about the story. What happened?
- Tell or read the story again.
- Do a drama illustrating the story.
- Draw pictures illustrating the story.

After reviewing the story, discuss the following questions based on the story:

- What do we learn about God?
- What do we learn about man?
- What should we not do?
- What should we do?

After discussing these generic questions, the following may be helpful for this specific story.

Discuss the following:

- What is the Lord's Supper?
Read 1 Corinthians 11:23-26. The Lord's Supper is a repeated action of believers to remember Jesus, symbolize his death, and proclaim his death until he comes.
- Why do we receive the Lord's Supper?
If desired, read 1 Corinthians 11:23-26. The body of Jesus was broken and his blood was spilt for all who will believe in him.
- How do we receive the Lord's Supper?
Read 1 Corinthians 11:27-30. Believers gather to eat bread and drink the fruit of the vine. Each person should examine themselves, confess their sins to God, and remember Jesus died so that they can be forgiven.
- Who should receive the Lord's Supper?

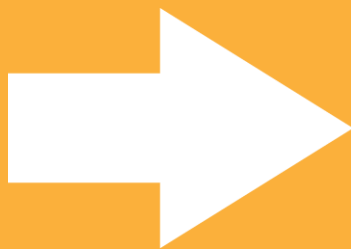
If desired, read 1 Corinthians 11:17-34.
Committed followers of Jesus should receive
the Lord's Supper in a worthy manner.

PRACTICE



Teach how to receive the Lord's Supper.
Observe the Lord's Supper together.

PART THREE **Looking ahead**



COMMITMENT



Discuss what to obey from the story and the command of Jesus. Some ways to obey before meeting next are:

- Receive the Lord's Supper regularly in a gathering of committed followers of Jesus.
- Share the story (Luke 22:7-20), your story, and God's story with other people.
- Intentionally love other people.
- Study the Bible and pray every day.

PRAYER



Close the time in prayer together.
Pray for the commitments everyone made.

For Kingdom Growth

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